

Bar Open Daily 11am - 11pm

Web: posthouse.wales

Tel: 01492 877150

Lunch Menu - 12pm - 4pm

Sandwiches

Mango and Peri Peri Chicken focaccia – Peri Peri Chicken served with rocket, mango salsa and served in a focaccia. £8.95

Philly Cheese Ciabatta – Steak strips, onion and peppers served with Monterrey jack cheese. £9.95

Southern Fried chicken wrap – chicken strips & mixed leaf salad in a warm tortilla served with your choice of sauce (BBQ, Mayo, Garlic mayo, sweet chilli or spicy buffalo) £8.95

Traditional Sandwiches A choice of: **Honey Roasted Ham & Tomato** or **Cheese & Pickle** or **Tuna Mayo** or **Egg Mayo** served on white or brown bread. £8.25

The Post House Club Sandwich - 3 layers of bread with chicken, bacon, gherkins, tomato, baby gem lettuce, boiled egg with a mustard mayo on white or brown bread. £9.95

Above all served with fries, coleslaw and salad garnish.

Light Bites

Homemade Soup of the day - served with crusty roll £5.75 or add a sandwich for £1.50 (Ham, Cheese and pickle or Tuna mayo)

Bang Bang Calamari – Calamari rings, topped with sweet chilli sauce and dressed salad. £8.95

Garlic Mushrooms – Creamy garlic mushrooms served on toasted garlic flat bread. £7.95 (V)

Nachos – Choice of BBQ pulled pork or Chilli topped with mozzarella, guacamole, sour cream and salsa. £7.95 (or a choice of just cheese £6.25)

Messy Chips – BBQ pulled pork or Chilli topped with mozzarella. Small £6.95 Large £8.25

Cheesy Chips. Hand cuts £4.75 or fries £4.25 / **Salt & Pepper Fries** £5.25

Chicken wings Salt and Pepper or BBQ – Served with salad garnish. £8.95

Quiche - Cheese, tomato and basil Quiche with a warm potato salad and mixed leaves. £10.75

Sides

Garlic Bread £3.50 - Cheesy Garlic bread £3.95 - Fries £3.00 - Cheesy Fries £4.25

Hand cut chips £3.50 - Cheesy Hand cut chips £4.75 - Sweet potato fries £3.50 - Coleslaw £1.00

Onion Rings £3.50 - Scampi £3.00 - Bread and Butter. £2.50 - Mixed Salad £2.50

Curry sauce £2.95 - Gravy £2.00 - Peppercorn / Penderyn whisky / Stilton sauce. £2.95

   **Dog Icecream** £2.50 - Also free dog treats available at the Bar

Mains

Charity Dish - We donate £2.50 from every Charity dish sold to our monthly chosen charity. This month's chosen charity is the Wales Air Ambulance.

Braised Lambs Liver - with sliced Bacon and Onion gravy served on a bed of mash with carrots and leeks. £14.95

Curry of the day – served with with Rice, Naan bread and mini Poppadoms - £14.95 (GFA)

Whitby Scampi – Golden scampi served with hand cut chips and garden peas. £13.25

Battered Haddock – served with hand cut chips and mushy peas. £14.95 (GF)

Steak and Ale Pie – Steak pie wedge encased in pastry served with garden peas, mashed potato and an extra jug of gravy. £15.25

The Post House Chicken Burger – served on seeded bun with baby gem lettuce, sliced tomato served with fries, salad and slaw. £13.95

Poynton's 8oz Beef Burger – served on seeded bun with baby gem lettuce, sliced tomatoes, Gherkins, cheese, dirty mayo and a crispy onion ring served with fries, salad and slaw. £14.25

8oz Rump Steak – served with hand cut chips, onion rings, garden peas, button mushrooms and cherry vine tomatoes. £18.95 (GF)

8oz Sirloin Steak – served with hand cut chips, onion rings, garden peas, button mushrooms and cherry vine tomatoes. £20.95 (GF)

Surf n Turf - Upgrade your steak by adding Scampi for £3.00 extra

Chicken Caesar salad - served with parmesan, bacon and egg dressed in caesar dressing, baby gem salad, anchovies, bread croutons and herb dressing. £13.95

Vegan Burger– 2 patties on a seeded bun with dill pickle, baby gem lettuce, sliced tomato and vegan dirty mayo served with fries and dressed salad. £12.95 (V, VG)

Steak Deal – Two Rump (upgrade to Sirloin for £2.50pp) steaks served with hand cut chips, peas, mushrooms, cherry vine tomatoes and crisp onion rings and a bottle of red or white wine. £35.00
Add a sauce for £2.50 (Peppercorn, Penderyn whisky sauce or Stilton)

Kids

Cheeseburger with Chips and Beans / Sausage, Mash, Peas and Gravy (GFA)

Chicken (GF) or Vegetable Korma (V,GF,VG) with half Chips and Rice

Fish and Chips with Peas (GFA) / Linguine Bolognese with Garlic Bread

Chicken Nuggets with Chips and Beans - All £7.50 - Includes Ice Cream and a Glass of Cordial

Specials See our specials board for daily delights from our Chefs.

Desserts Please ask your server for today's selection of desserts and cakes.

If you have any allergies, please inform your server. GFA/VGA are subject to availability

VGA - Vegan Options Available, **V** - Vegetarian,
GF - Gluten Free, **GFA** - Gluten free options available



Wi-Fi password for “Post House Guest”: **PostHouse24**

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